

COVID 19 INFORMATION & SUPPORT FOR G5 RESIDENTS

G5 Covid Support

<http://fb.me/G5CovidSupport>

new facebook page

This leaflet was created in partnership
with the following organisations

**Bridging the Gap
Crossroads Youth &
Community Association
DAWSUN**

**Destiny Angels
Friends of Southern Necropolis
HSCP Health Improvement Team
Giggle N Grow
Gorbals Parish Church
Gorbals Youth Cafe
GP Link Workers
New Gorbals Housing Association
TASK**

*each organisation also have relevant
information on their social media
pages and websites*

EMERGENCY FOOD DELIVERY & OTHER SUPPORT

For emergency food deliveries or other
necessities contact

New Gorbals Housing Association

0141 429 3900

michaelfullerton@newgorbals.org.uk

to arrange support or signpost other
local organisations who can help.

**Bridging the Gap
Crossroads (The Barn)
DAWSUN**

Gorbals Parish Church

Limited essential food supplies & delivery
Fuel & Energy Needs (Top Ups etc)

Gorbals Youth Cafe

Free lunches (take away) every Tuesday,
Thursday for children & young people.
Family cooking packs

Rice Bowl Chinese Take Away
0141 429 5588 (3 days per week)
Free meals delivered to elderly, isolated
and or vulnerable G5 residents
fb:Rice Bowl Chinese Take Away

Glasgow Central Mosque
0141 429 3132
Support for the elderly and
vulnerable with hot meals, food
parcels, shopping, medication pick ups

Link Up (Community Work)
07871797850
Emotional & Wellbeing Support

COVID 19 National Helpline

0800 111 4000

for anyone unable to access support
due to shielding, isolating or are unable
to access food for themselves or families

GP LINK WORKERS

can provide ongoing support for social
& community issues, including links
to deliveries of essential supplies,
benefits or financial information,
advocacy, emotional support or any
other issues.

Each Link Worker is linked to the
named GP Practices.

Dr McEvinney & Partners
Kayleigh Stockley 0797 372 2620

Gordon Practice
Kirsty McDonald 0792 934 3320

Ker Practice
Carrie Donnelly 0773 876 5331

Mills & Marshall patients please
contact the practice on 0141 201 511
for information

**All GP surgeries in Gorbals Health
Centre are still open for general
NON COVID treatment.
Contact GP by appointment only.**

ADVICE ON BENEFITS/ FINANCE

If tenant of **New Gorbals Housing Association**, call
Welfare Rights Workers on
0141 429 3900.

Gorbals Law Centre

0141 634 0313
Mail@gorbalslawcentre.co.uk

Money Matters

0141 445 5221
advice@money mattersweb.co.uk

Universal Credit Supportline

0808 169 9901

Citizens Advice Scotland

08000281456
www.citizensadvice.org.uk

IF YOU ARE SHORT OF MONEY FOR FUEL AND HAVE PRE PAID METER

we can help with fuel grant application conditions apply and are listed below:

*Require key or top up card

* low income or financial difficulties

* existing health condition

text 0782 453 7627 **or** 0774 756 8373

Remember you can also contact your own energy provider if you are having difficulty with costs at this time

MENTAL HEALTH / OTHER SUPPORT

Aye Mind

www.ayemind.com

Lifelink 0141 552 4434

www.lifelink.org.uk

Breathing Space 0800 838 587

www.breathingspace.scot/

Samaritans 116 123

www.samaritans.org

South CAMHS 0141 201 5031

Child & Adolescent Mental Health

www.camhs-resource.co.uk/

Parent Line 0800 028 2233

www.children1st.org.uk/parentline

Youth Health Service 0141 451 2727

Quit Your Way (smoke free service)

0776 737 4685 (0800 916 8858)
bernadette.campbell2@ggc.scot.nhs.uk

NHS Inform (Coronavirus)

www.nhsinform.scot/coronavirus
(other languages available)

Domestic Abuse Helpline

0800 027 1234
www.safer.scot

Mind Yer Time

www.mindyertime.scot

ACTIVITIES AND SUPPORT FOR CHILDREN & YOUNG PEOPLE

Gorbals Youth Cafe

e: gorbalsyouthcafe1996@outlook.com
fb: WaytoGo Youthcafe

The Barn Youth Centre

e: chrisl@cyca.org.uk
e: nickm@cyca.org.uk
tel: 0754 836 6680
fb:The Barn Youth Centre

Bridging the Gap

fb: btglasgow

ACTIVITIES ONLINE FOR PRE SCHOOL CHILDREN

Giggle N Grow and **Bookbug**

sessions on facebook Monday, Wednesdays & Fridays @ 10am.
fb: gogigglenrow

Online activities by **Colin & Elsie Mackie** on Bridging the Gap facebook page
fb: btglasgow

ACTIVITIES FOR ALL

Quizzes, chats, virtual tours, story telling, songs and a whole lot more.
fb:Live From Oor Living Room

Information leaflet info correct @ 24th April 2020